

# PATIENT INSTRUCTIONS

## Kinex K4 Xtend™ Knee CPM

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### To change Extension and Flexion:

1. Press the **STOP** button.
2. Press the **MENU** button once—M1 should appear on the screen.
3. To change Flexion, press the upper right **Flexion** button on hand controller.
4. Press **(+)** to increase and **(-)** to decrease.
5. To change Extension, press the upper left **Extension** button on hand controller.
6. Press **(+)** to increase and **(-)** to decrease.
7. Press **START** button to save.
8. Press **START** button to begin therapy.

