

PATIENT INSTRUCTIONS

Kinex KS2™ Shoulder CPM

To change Abduction and External Rotation:

1. To change Abduction, press the **STOP** button.
2. Hold **STOP** button until the screen shows >> pointing to ABD value.
3. Press (+) to increase and (-) to decrease.
4. To change External Rotation, press the **Rotation** button. The arrows will be pointing at the number on the right hand side.
5. Press (+) to increase and (-) to decrease.
6. Press the **START** button to record change.
7. Press **START** again to recalibrate. CPM will go to midrange and stop.
8. Press **START** again.

